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Our linen is nothing short of addicting

ATTENTION! HOW TO ACCESS YOUR PATTERN

Your complete pattern is packaged in this PDF but you risk viewing it incorrectly if you don't follow these simple instructions. It's as easy as 1, 2, 3!

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ALENA PANTS

INDISPUTABLY COOL

The classic tailored trouser gets a casual kick with a shorter length and styled in pure linen- a summer texture high on fashion's agenda.

Misses and Women Sizes Included

866.620.2008 ASK@FABRICS-STORE.COM FABRICS-STORE.COM

ALENA PATTERN

Alena is a straight leg, ankle length pant with front pleating and pockets. Traditional trouser detailing with a contoured waistband to give a flattering, feminine fit.

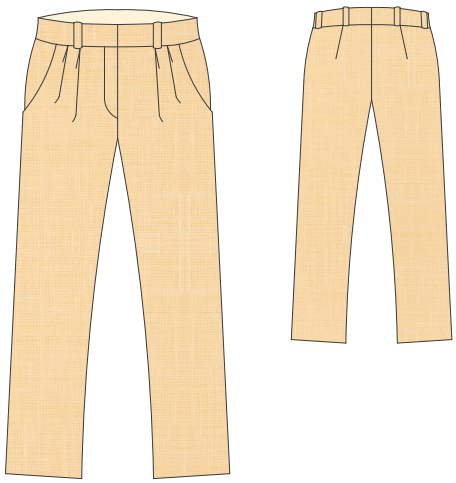
Sized for ladies 0 to 30

Simple instructions for the intermediate sewist.

PICTURED: LAURA WEARING 1C64 5.3 OZ LINEN IN AUTUMN BLONDE.
FOLLOW THE LINK HERE TO SHOP THIS COLOR.

Our lovely model Laura is 5'10" and wearing size 6 of this pattern with 1.5" added to the rise, and 2" added to the bottom hem.

PATTERN DETAILS



ALENA PANT

Sizes: 0 to 30

- Contoured waistband
- Fly zipper front
- Front waist pleats
- Front slant pockets
- Straight leg
- Ankle length
- Back darts
- Belt loops

PATTERN DOWNLOAD

IMPORTANT: Open this PDF using the most current Adobe Acrobat Reader to access and print all the included files and size layers.

Get it FREE - https://get.adobe.com/reader/

*TIP! In Adobe Reader press the **F4** key to reveal the icons for Page Thumbnails, Attachments and Layers. You can also use the drop-down menu: View>Show>Navigation

FABRICS & SUPPLIES

[] Medium weight linen. We sampled Alena in our 1C64 A finer quality 5.3 ounce medium weight 100% linen that is woven with finer threads, and an increased thread count.

[] Zipper: regular 8 inch zipper

Click HERE to shop our 1C64 colors!

SIZING & YARDAGE

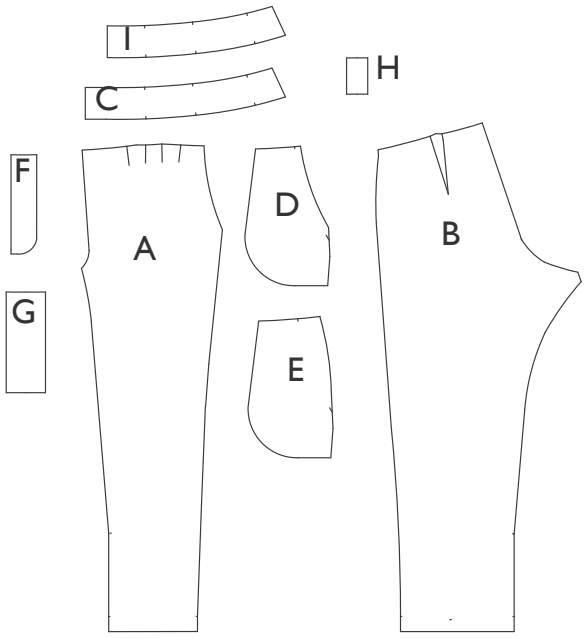
	Ladies Size Guide Based on Body Measurements in Inches															
Size	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
Waist	24	25	26	27	28	29	30	31	33	35	37	39	41	43	45	47
Hip	35	36	37	38	39	40	41	42	44	46	48	50	52	54	56	58

	Finished Garment Measurements - Approximate in Inches															
Waist (high)	24	25	26	27	28	29	30	31	33	35	37	39	41	43	45	47
Hips	37	38	39	40	41	42	43	44	46	48	50	52	54	56	58	60
Pant Inseam	28.43	28.62	28.81	29	29.19	29.38	29.57	29.76	29.95	30.14	30.33	30.52	30.71	30.9	31.09	31.28

	Estimated Yardage - 54" Width Linen - Shrinkage Has Been Calculated		
Size	Size 0 to 8	Size 10 to 20	Size 22 to 30
Yardage	2 Yards	2.5 Yards	3 yards

PATTERN & CUTTING GUIDES

PATTERN PIECE REFERENCE



A: FRONT
CUT 2 IN LINEN "FACE TO FACE"

B: BACK
CUT 2 IN LINEN "FACE TO FACE"

C: RIGHT WAISTBAND
CUT 2 IN LINEN, 2 IN FUSING "FACE TO FACE"

D: POCKET FACING
CUT 2 IN LINEN "FACE TO FACE"

E: POCKET BAG
CUT 2 IN LINEN "FACE TO FACE"

F: FLY
CUT 1 IN LINEN, 1 IN FUSING

G: FLY EXTENSION
CUT 1 IN LINEN, 1 IN FUSING

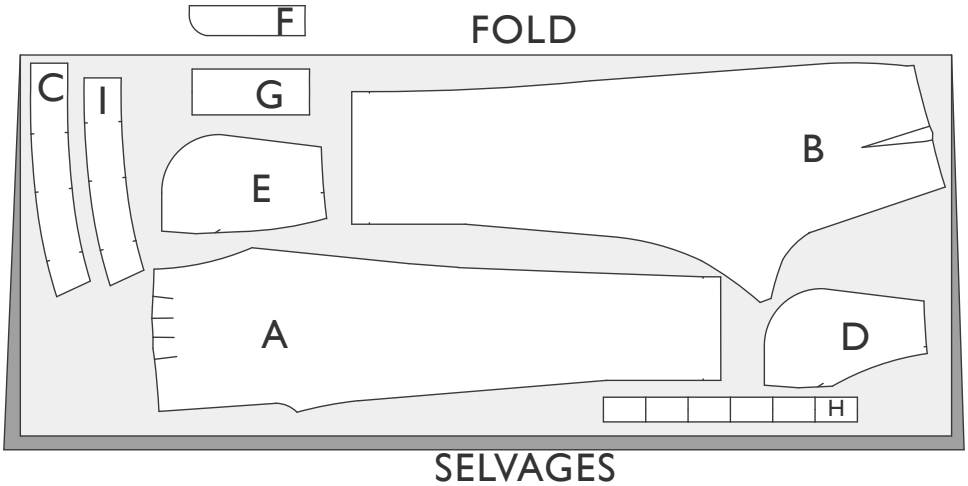
H: BELTLOOP
CUT 6 IN LINEN

I: LEFT WAISTBAND
CUT 2 IN LINEN, 2 IN FUSING "FACE TO FACE"

CUTTING LAYOUT EXAMPLES

RIGHT SIDE OF PATTERN	BACK SIDE OF PATTERN	RIGHT SIDE OF FABRIC	WRONG SIDE OF FABRIC

Cutting layout example size 4/6



SEWING & PREPARATION TIPS:

Sewing with quality linen from Fabrics-Store is very enjoyable! Linen is a stable fabric that does not easily shift or slip, which is a very helpful characteristic for sewing a neat and even seam with little effort. You do not need to "push" or "pull" the fabric while sewing... just simply guide it.

Pre-washing: You will want to prewash and dry your linen fabric in the same manner you would your finished garment. This will soften your fabric, and eliminate further shrinkage in your final garment.

Some prefer to wash their fabric twice in hot water to ensure all possible shrinkage has occurred. If you plan on only dry cleaning your final garment, likewise you will want to dry clean the fabric before cutting and sewing. Secure the raw edges with a zig-zag or serger stitch before washing to avoid fraying. You may also sew the two raw edges together to form a continuous piece to avoid twisting in the wash. Remove fabric from dryer while it is still slightly moist. Press any deep creases or wrinkles using your iron's steam setting with high heat, using a protective press cloth if needed to avoid scorching.

Fine Seaming: To ensure that your seaming will last as long as your linen garment, we encourage "single-needle" tailoring and French seaming whenever possible.. Once you think of French seams as simply sewing the seam twice to encase the raw edges, you will see that it does not take that much more time than the second step of using a serger. Setting the stitch length on your sewing machine to 2mm (about 12-14 stitches per inch) makes for a very durable seam, and is also an attractive indication of fine tailoring.

Alternate Seaming: If you instead prefer to stitch your seams regularly and serge the raw edges, simple sew the seams with the full 5/8" allowance. You can then serge the raw edges, allowing the machine to trim 1/8" off the edges. This will result in seam allowances finishing at 1/2".

Pressing: For best results, it is highly recommended that you press your seams as you finish sewing each of them. Pressing with a steam iron (and press cloth if needed) will help "set" the stitches into the fabric. You will find it is much easier to press your seams "as you go" instead of trying to press them all after the garment is finished.

Sewing Glossary: If certain sewing terms and techniques are new to you, please refer to the sewing glossary at the end of this document.

SEWING INSTRUCTIONS:

1. All seam allowances 1/2".
2. Pockets: With right sides together, align pocket facings with front pant pocket openings. Sew a 1/2" seam. Trim down to 3/8", clip release any tight inner curves. Understitch the facing seam. Flip pocket facing to the inside and press. If desired, you may topstitch the pocket opening, or leave "clean".
3. Sew the pocket bags to the pocket facings with French seaming. Remember to start with wrong sides together.
4. Serge or zigzag the raw edges of the front and back crotch, side seams and inseams.
5. Sew the bottom of zipper opening closed a few inches... leaving about an inch of the crotch unsewn.
6. Serge the edges of the fly facing, attach to the right fly opening, right sides together with 1/2" seam. Understitch the seam on the facing side. Sew the right side zipper tape to the fly facing. Turn the fly facing inward and topstitch to the pant front, echoing the shape of the fly facing.
7. Sew the left side of the zipper to the front pant opening, 1/2" seam allowance. Fold the fly extension in half right sides together and sew the bottom edge 1/2". Turn and press. Serge the raw edges. Attach to the left zipper seam.
8. Sew the center back seam of inner and outer waistbands. Remember that your inner waistband will be a mirrored reverse of your outer waistband. The right waistband is shorter than left waistband because of the fly extension. Press the center back seams open.
9. Prepare the belt loops by sewing a 3/8" seam with right sides together. Press seam open and turn belt loops right side out. Press. Topstitch on edges if desired.
10. Sew belt loops to top and bottom edges of the outer waistband placed where desired. The belt loops will be longer than the width of the waistband- this is desirable.
11. Sew the inner waistband to the outer waistband at the top and front ends. Understitch the top edge of the waistband facing. Press.
12. Sew the inseams and outseams of the pants. Press seams open. Finish sewing crotch seam front to back. Press open.
13. Attach the outer waistband, press seam upward. Fold under edge of inner waistband and topstich or hand stitch for a clean finish.
14. Hem the bottom of the pant, turning 1/2" and again 1". Topstitch.

Glossary:

Basting Stitch: A temporary hand or machine loose or long stitch to hold a seam in place before sewing the final permanent stitching.

Bias grain: In woven fabrics, this is the diagonal direction at 45 degrees to the grain and crossgrain. There are two bias directions in the cloth, perpendicular to each other.

Buttonhole: A slit in the fabric to fasten a button. The raw edges of the slit are finished with a machine or hand sewn zig-zag stitch.

Ease stitch: A row of stitching sewn just to the inside of a single layer of seam allowance. While stitching, coax the weave of the fabric with your finger or stylus to "compress" the fabric together. This creates a "gathering" effect without puckers. If desired, a second row of stitching can be done for more ease.

Edge stitch: A row of top stitching very close to a seamed edge or folded edge, usually about 1/16th of an inch.

Fabric- right side: The side of the fabric which will be the exposed, outside part of a garment.

Fabric- wrong side: The inside of the fabric which will be the unexposed side or inside of a garment.

French seam: A seam sewn in two steps to encase the raw edges of the fabric within itself, giving a clean finish. 1- Wrong sides together, sew 1/4" seam. 2- Turn right sides together, stitch 3/8" seam. Total 5/8" seam allowance.

Grainline- cross grain: The direction of fabric going from selvage edge to selvage edge. In woven fabric, these would also be known as the weft threads of the weave.

Grainline- on grain: The direction of fabric running parallel to the selvage edge of the cloth. This is also referred to as the "lengthwise grain". In woven fabric, these would also be known as the "warp" threads of the weave.

Notch- outward: Markings on the pattern that indicate an outward triangular cut outside the seam allowance. Notch markings will be arranged to show where two seam edges join properly together. A single wedge will often indicate a front piece, and 2 to 3 wedges together can indicate back pieces.

Notch- snip: Markings on the pattern that indicate a small "snip" into the seam allowance. Notch marking will be arranged to show where two seam edges join properly together. A single notch will often indicate a front piece, and 2 to 3 notches together can indicate back pieces.

Overlock machine: A specialized sewing

Glossary (continued):

machine designed to sew and cut along the raw edge of a fabric seam with a networked stitch to secure the edges from fraying. Also known as a "serger" machine.

Press cloth: A piece of cloth used to lay over a garment to protect it while ironing from burning or scorching. Usually made of cotton or linen or wool.

Raw edge: The cut edge of fabric. If not secured with stitching or a finishing, the raw edge of a fabric can fray or unravel.

Seam allowance: The distance from the cut edge of a pattern piece to the sewing line. Seam allowances can vary, so be sure to double check the indicated amounts on your pattern.

Stay stitch: A row of stitching on a single layer of the seam allowance edge to prevent stretching. You are neither pushing or pulling the fabric- just guiding. The row of stitching will be just to the inside of the permanent seam allowance width. For example, if the seam allowance is 5/8", your stay stitch will be 1/2" or a "scant" 5/8". You will want your permanent stitching to conceal the stay stitch.

Understitch: A row of stitching on a the seamed edge of facing. This prevents the facing from rolling out to the outside and keeps it neatly in place along the garment edge. The stitching will only go on the facing side, catching the seam allowance with it. The stitching will show on the facing, but not on the garment side.

Thank you

We work hard on making our patterns beautiful enough to meet your standards.

If you feel like sharing praise or helpful criticism, please send us your comments to ask@fabrics-store.com

Pattern and illustrated instructions
by Catina Ferraine
for Fabrics-Store.com